



## Menu – September 26-30, 2022

	<b>Monday September 26</b>	<b>Tuesday September 27</b>	<b>Wednesday September 28</b>	<b>Thursday September 29</b>	<b>Friday September 30</b>
<b>Breakfast</b>	Cheerios Banana Milk	Mango-Berry Smoothie Milk	Apple Baked Oatmeal w/Organic Pepitas Milk	Rice Cakes Raisins Milk	Plain Bagels w/ Strawberry Preserves Milk
<b>Lunch</b>	Mushroom Stroganoff Mac and Cheese Peas and Carrots Peaches Milk	Vegetable Medley Pineapple Fried Rice w/Soy Sauce Milk	Quinoa Soup w/ Spinach Roasted Parmesan Broccoli Pink Lady Apples Milk	Grits Bell Pepper, Egg, and Cheese Burrito Blueberries Milk	Vegan Tortilla Soup w/ Avocado Corn Tortilla Strips w/ Salsa Plums Milk
<b>Afternoon Snack</b>	Clementines String Cheese Water	Kosher Dill Pickles Ritz Crackers Water	Carrot Sticks w/ Vanilla Dip Water	Applesauce Wheat Thins Water	Mini Pretzels Hummus Water

\*Serving sizes and meal components will be in compliance with USDA guidelines.