



Menu – September 25-29, 2023

	Monday September 25	Tuesday September 26	Wednesday September 27	Thursday September 28	Friday September 29
Morning Snack	Plain Bagel w/ Strawberry Fruit Spread Milk	Vanilla Yogurt Pineapple Water	Spinach Egg Frittata Muffins Water	Brown Sugar Rice Pudding w/Oat Milk	Red Berry Cornflakes Clementine Milk
Lunch	Cheddar Broccoli Mushroom Salad Lemon Ginger Baby Carrots Red Plums Milk	Vegetarian 3-Bean Chili Baked Tortilla Strips Diced Peaches Milk	Corn, Avocado, & Quinoa w/ Marinated Tomatoes Louisiana Zucchini Cauliflower Watermelon Milk	Stir Fry Vegetables LoMein w/ Soy Sauce Fettuccini Noodles Strawberries & Blueberries Milk	Sweet Relish Pinto Beans w/Dice Potatoes Mixed Greens Cornbread Milk
Afternoon Snack	Dill Pickles Ritz Crackers Water	Baked Cinnamon Pita Chips Water	Sliced Cucumbers w/Avocado Ranch Dip Water	Organic Applesauce Rice Cakes Water	Dried Fruit Chex Mix Water

*Serving sizes and meal components will be in compliance with USDA guidelines