



## Menu – September 24-28, 2018

	<b>Monday September 24</b>	<b>Tuesday September 25</b>	<b>Wednesday September 26</b>	<b>Thursday September 27</b>	<b>Friday September 28</b>
<b>Breakfast</b>	Whole Grain Cereal Raisins Milk	Bagels w/Cream Cheese Blueberries Milk	Cheesy Grits Apples Milk	Avocado Toast w/Goat Cheese Tomato Salsa Milk	Fruit & Cheese Platter Milk
<b>Lunch</b>	English Muffin Mini Pizza w/ Spinach & Olives Green Salad Strawberries Milk	Black Beans Rice Sweet Peppers Mango Salsa Milk	White Bean & Kale Soup Rolls Grapes Milk	Cucumber Sandwiches Haricots Verts Melon Milk	Baked Ziti Sautéed Zucchini Apples Milk
<b>Afternoon Snack</b>	Pretzels String Cheese Watermelon Water	Fig Bars Plums Water	Crackers Guacamole Water	Trail Mix w/Dried Fruit Water	Sunbutter Crackers Oranges Water

\*Serving sizes and meal components will be in compliance with USDA guidelines.