



Menu – September 12-16, 2022

	Monday September 12	Tuesday September 13	Wednesday September 14	Thursday September 15	Friday September 16
Breakfast	Cheerios Banana Milk	Creamy Cranberry Rice Pudding Milk	Yogurt Tubes Blueberries Milk	Healthy Raspberry Muffins Milk	Cinnamon Breakfast Biscuits Milk
Lunch	Vegetarian Corn Chowder Balsamic Green Beans Pink Lady Apples Milk	Cheese Enchiladas w/ Sour Cream & Salsa Cucumber and Tomato Spring Salad w/ Italian Dressing Strawberries & Pineapples	Roasted Sweet Potatoes and Red Bean Salad Mixed Vegetables Blend Green Apples Milk	Bell Pepper Veggie Sliders Baked Sweet Potato Fries Oranges Milk	Lentil and Spinach Soup Roasted Parmesan Broccoli Peaches Milk
Afternoon Snack	Mini Pretzels Clementines Water	Baby Carrots Ranch Dip Water	Watermelon Water	Wheat Thins Grapes Water	Cheese Crackers Raisins Water

*Serving sizes and meal components will be in compliance with USDA guidelines.