

## Menu – September 04-08, 2023

|                    | Monday<br>September 04 | Tuesday<br>September 05                                  | Wednesday<br>September 06   | Thursday<br>September 07  | Friday<br>September 08   |
|--------------------|------------------------|--|---|---|--|
| Morning<br>Snack   | Labor Day              | Oatmeal w/Craisins<br>Water                              | Cheerios<br>Clementines<br>Milk   | Quinoa Porridge w/<br>Cinnamon Apples &<br>Oat Milk                                     | English Muffins w/ Fruit<br>Spread<br>Water  |
| Lunch              | School Closed          | Avocado Pasta<br>Peas & Carrots<br>Mixed Berries<br>Milk | Sun-Dried Tomato<br>Basil Pinwheels<br>Baked Sweet Potato<br>Fries<br>Blueberries<br>Milk | Broccoli Cheddar<br>Soup<br>Roasted Red Potatoes<br>& Peppers<br>Sliced Peaches<br>Milk | Warm Garbanzo Bean<br>Salad<br>Dijon Mustard Rainbow<br>Cauliflower<br>Sunkist Oranges<br>Milk |
| Afternoon<br>Snack | Closed                 | Sea Salt & Pepper<br>Cucumber w/Ranch<br>Dip<br>Water    | Banana w/Sun<br>Butter<br>Water   | Frozen Yogurt<br>Strawberry Bited<br>Water  | Dried Fruit Trail Mix<br>Water   |

<sup>\*</sup>Serving sizes and meal components will be in compliance with USDA guidelines.