



Menu – October 23-27, 2023

	Monday October 23	Tuesday October 24	Wednesday October 25	Thursday October 26	Friday October 27
Morning Snack	Provolone Cheese Toast Water	Deconstructed Honey Sunbutter Banana Graham Sandwich Water	Brown Sugar Grits Water	Breakfast Quinoa w/ Pineapples Oat Milk	Maple Cranberry Granola Milk
Lunch	Honey Corn on the Cob Dijon Roasted Cauliflower, Mushrooms, & Broccoli Peaches Milk	California Spaghetti Salad Cut Green Beans Blueberries Milk	Southwestern Salad Bowl w/Avocado Dressing Baked Corn Tortilla Naval Oranges Milk	Teriyaki Fried Rice w/ Scrambled Eggs Stir Fry Vegetables Watermelon Milk	Minestrone Soup Strawberry Spinach & Sunflower Salad Milk
Afternoon Snack	Clementines Craisins Water	Garlic Hummus Wheat Thins Water	Cheese Crackers Water	Cinnamon Pita Chips Water	Apple Snack Cake Water

*Serving sizes and meal components will be in compliance with USDA guidelines