



Menu - October 16-20, 2017

	Monday October 16	Tuesday October 17	Wednesday October 18	Thursday October 19	Friday October 20
Breakfast	Bagels w/Cream Cheese Pineapple Milk	Oatmeal w/Cinnamon & Apples Milk	Granola w/Blueberries Milk	Fruit & Cheese Platter Milk	Veggie Sausage Oranges Milk
Lunch	Curry Roasted Butternut Squash and Chickpeas Steamed Rice Oranges Milk	Minestrone Soup Rolls Apples Milk	Taco Wraps Pink Beauty Radish Pickles Mango Cranberry Salad Milk	Portobello Mushroom Risotto Broccoli Salad Melon Milk	Vegetable Lasagna Green Salad Berry Salad Milk
Afternoon Snack	Sunbutter Crackers Raisins Water	Pretzels Cheddar Cheese Apples Water	Fig Bars Pears Water	Corn Chips (or Pita) Guacamole Water	Pita Hummus Baby Carrots Water

*Serving sizes and meal components will be in compliance with USDA guidelines.