



Menu – November 29-December 3, 2021

	Monday November 29	Tuesday November 30	Wednesday December 1	Thursday December 2	Friday December 3
Breakfast	Cereal Raisins Milk	Cheese Toast Milk	Veggie Sausage Pears Milk	Oatmeal w/Brown Sugar & Cinnamon Milk	Breakfast Biscuits Dried Fruit Milk
Lunch	Egg Frittata w/ Sundried Tomatoes & Goat Cheese Green Salad Oranges Milk	Spaghetti w/ Marinara Strawberry Spinach Salad Milk	Potato Kugel Green Beans Applesauce Milk	Black Bean Wrap Sweet Potato Fries Blueberries Milk	Broccoli w/Cheese Rice Grapes Milk
Afternoon Snack	Wheat Crackers Sunbutter Water	Pretzels String Cheese Water	Carrots Hummus Water	Granola Bars Clementines Water	Veggie Chips Water

*Serving sizes and meal components will be in compliance with USDA guidelines.