



## Menu – November 28-December 2, 2022

	<b>Monday November 28</b>	<b>Tuesday November 29</b>	<b>Wednesday November 30</b>	<b>Thursday December 1</b>	<b>Friday December 2</b>
<b>Breakfast</b>	Blueberry & Raspberry Fig Bars Milk	Fruity Breakfast Smoothie Milk	Wheat Toast w/Jam Milk	Soft & Chewy Granola Milk	Glazed Cranberry Orange Scones Milk
<b>Lunch</b>	Spaghetti w/ Marinara Sauce Peas & Carrots Pears Milk	Creamy Quinoa Vegetable Soup Roasted Parmesan Broccoli Apples Milk	Brussels Sprouts Salad Roasted Rosemary Potatoes Oranges Milk	Classic Minestrone Soup Strawberry Spinach Salad w/ Balsamic Vinaigrette Milk	Cheesy Squash & Zucchini Casserole Mince Garlic Green Beans Blueberries Milk
<b>Afternoon Snack</b>	Pretzels Raisins Water	Baby Carrots Avocado Ranch Dip Water	Clementines Wheat Thins Water	Tortilla Chips Mango Salsa Water	Dill Pickles Ritz Crackers Water

\*Serving sizes and meal components will be in compliance with USDA guidelines.