



Menu – November 14-18, 2022

	Monday November 14	Tuesday November 15	Wednesday November 16	Thursday November 17	Friday November 18
Breakfast	Plain Bagels Fruit Spread Milk	Apple Cinnamon Baked Oatmeal Milk	Brown Sugar & Nutmeg Rice Pudding Milk	Cranberry Waldorf Salad Milk	Glazed Cranberry Orange Scones Milk
Lunch	Green Bean Casserole Sweet Potato Soufflé Red Plums Milk	Butternut Squash & Tomato Soup Fresh Corn Salad Blueberries Milk	Vegan Pot Pie w/ Mushrooms & Lentils Sweet Relish Pinto Beans Apple Slices Milk	Cornbread Dressing w/ Cranberry Sauce Black-eye Peas Honey Roasted Carrots & Cauliflower Milk	Macaroni & Cheese Red & Green Sautéed Cabbage Oranges Milk
Afternoon Snack	String Cheese Clementines Water	Strawberries & Pineapple Salad Water	Cream Cheese, Olives, & Feta Pinwheels Water	Chex Trail Mix Water	Puff Popcorn Water

*Serving sizes and meal components will be in compliance with USDA guidelines.