

## Menu May 9-13, 2022

	Monday May 9	Tuesday May 9	Wednesday May 10	Thursday May 11	Friday May 12
Breakfast	Cereal Bananas Milk	Toast w/Jam Milk	Yogurt Strawberries Milk	Granola w/ Dried Fruit Milk	Breakfast Biscuits Milk
Lunch	Baked Macaroni w/Feta & Spinach Spring Salad Grapes Milk	Black Bean, Corn & Quinoa Salad Sauteed Cabbage w/Carrots Apples Milk	Veggie Sausage Sliders Sweet Potato Fries Blueberries Milk	Quesadillas w/ Peppers & Cheese Avocado & Tomato Salad Oranges Milk	Black Eyed Peas Roasted Rosemary Potatoes Glazed Carrots Milk
Afternoon Snack	Rice Cakes Raisins Water	Trail Mix w/Dried Fruit & Seeds Water	Graham Crackers w/Sunbutter Water	Tortilla Chips Salsa Water	Granola Bars Water

<sup>\*</sup>Serving sizes and meal components will be in compliance with USDA guidelines.