



Menu –March 21-25, 2022

	Monday March 21	Tuesday March 22	Wednesday March 23	Thursday March 24	Friday March 25
Breakfast	Cereal Bananas Milk	Mixed Berry Smoothie	Apples Cheddar Cheese Milk	Cheesy Grits Milk	Fig Bars Milk
Lunch	Quesadillas w/ Peppers & Cheese Spinach Strawberry Salad Milk	Sweet Potato & Chickpea Curry Rice English Peas Blueberries Milk	Black Bean Soup Rolls Oranges Milk	Veggie Herb Pasta Salad Green Beans Pears Milk	Roasted Potatoes Pinto Beans Sauteed Cabbage & Carrots Milk
Afternoon Snack	Trail Mix Water	Clementines Cheese Water	Graham Crackers Craisins Water	Pretzels Raisins Water	Tortilla Chips Salsa Water

*Serving sizes and meal components will be in compliance with USDA guidelines.