



Menu – March 19-23, 2018

	Monday March 19	Tuesday March 20	Wednesday March 21	Thursday March 22	Friday March 23
Breakfast	Blueberry Muffins Bananas Milk	Bagels w/Cream Cheese Pineapple Milk	Whole Grain Cereal Strawberries Milk	Frittata Muffins Grapefruit Milk	Oatmeal w/Apples & Cinnamon Milk
Lunch	Black Eyed Peas Collard Greens Cheese Toast Apples Milk	Veggie Sausage Sliders w/ Peppers & Onions Pea Shoot Salad Asian Pears Milk	Potato Leek Soup Rolls Melon Berry Salad Milk	Bean Burritos Mexican Rice Avocado Salad Milk	Fettuccini w/ Cherry Tomatoes & Olives Roasted Parsnips Satsuma Oranges Milk
Afternoon Snack	Tortilla Chips (or Pita) Guacamole Water	Pretzels String Cheese Grapes Water	Fig Bars Raisins Water	Rice Cakes w/ Sunbutter Craisins Water	Trail Mix with Dried Fruit & Seeds Water

*Serving sizes and meal components will be in compliance with USDA guidelines.