



Menu July 18-22, 2022

	Monday July 18	Tuesday July 19	Wednesday July 20	Thursday July 21	Friday July 22
Breakfast	Cereal Dried Fruit Milk	Cheese Grits Milk	Scrambled Eggs Milk	Toast w/Jam Milk	Breakfast Biscuits Milk
Lunch	Macaroni & Cheese Glazed Carrots Green Apples Milk	Black Beans Rice Oranges Milk	Italian Wonder Pot Watermelon Milk	Hashbrown Casserole Green Beans Plums Milk	Spaghetti w/Marinara & Parmesan Green Salad Milk
Afternoon Snack	Crackers Clementines Water	Graham Crackers Sunbutter Water	Cheese Crackers Dried Fruit Water	Wheat Crackers Cheese Water	Fig Bars Water

*Serving sizes and meal components will be in compliance with USDA guidelines.