



Menu –January 24-28, 2022

	Monday January 24	Tuesday January 25	Wednesday January 26	Thursday January 27	Friday January 28
Breakfast	Cereal Clementines Milk	Bagels & Jam Milk	Apples Cheddar Cheese Milk	Raspberry Muffins Milk	Granola w/Dried Fruit Milk
Lunch	Black Eyed Peas Rice Collard Greens Milk	Fettucine Aldredo w/Spinach Roasted Carrots Blueberries Milk	Lentil Soup Green Beans Rolls Milk	Cheese Enchilada Black Beas Roasted Red Peppers Milk	Macaroni & Cheese Pinto Beans Pears Milk
Afternoon Snack	Cheese Crackers Craisins Water	Graham Crackers Sunbutter Water	Rice Cakes Raisins Water	Granola Bars Water	Tortillas Chips Salsa Water

*Serving sizes and meal components will be in compliance with USDA guidelines.