Menu – January 22-26, 2018

	Monday **January 15**	**Tuesday** **January 16**	**Wednesday** **January 17**	**Thursday** **January 18**	**Friday** **January 19**
Breakfast	Bagels w/Cream Cheese Blueberries Milk	Breakfast Biscuits Strawberries Milk	Whole Grain Cereal w/Raisins Milk	Veggie Sausage Oranges Milk	Fruit & Cheese Platter Milk
Lunch	Spaghetti w/Bolognese Sauce Kale & Apple Salad Milk	Cheese & Veggie Quesadillas Pinto Beans Grapes Milk	Black Bean Soup Rolls Pineapple Milk	Curry-Roasted Butternut Squash and Chickpeas Rice Sautéed Broccoli Milk	Veggie Burgers Lettuce/Tomato/ Pickles Roasted Sweet Potatoes Milk
Afternoon Snack	Sunbutter Crackers Dried Fruit Water	Rice Cakes w/goat cheese Craisins Water	Pretzels String Cheese Baby Carrots Water	Graham Crackers w/Sunbutter Oranges Water	Trail Mix w/dried fruit and seeds Water

*Serving sizes and meal components will be in compliance with USDA guidelines.