



## Menu – January 22-26, 2018

	<b>Monday January 15</b>	<b>Tuesday January 16</b>	<b>Wednesday January 17</b>	<b>Thursday January 18</b>	<b>Friday January 19</b>
<b>Breakfast</b>	Bagels w/Cream Cheese Blueberries Milk	Breakfast Biscuits Strawberries Milk	Whole Grain Cereal w/Raisins Milk	Veggie Sausage Oranges Milk	Fruit & Cheese Platter Milk
<b>Lunch</b>	Spaghetti w/Bolognese Sauce Kale & Apple Salad Milk	Cheese & Veggie Quesadillas Pinto Beans Grapes Milk	Black Bean Soup Rolls Pineapple Milk	Curry-Roasted Butternut Squash and Chickpeas Rice Sautéed Broccoli Milk	Veggie Burgers Lettuce/Tomato/ Pickles Roasted Sweet Potatoes Milk
<b>Afternoon Snack</b>	Sunbutter Crackers Dried Fruit Water	Rice Cakes w/goat cheese Craisins Water	Pretzels String Cheese Baby Carrots Water	Graham Crackers w/Sunbutter Oranges Water	Trail Mix w/dried fruit and seeds Water

\*Serving sizes and meal components will be in compliance with USDA guidelines.