



Menu – February 5-9, 2018

	Monday February 5	Tuesday February 6	Wednesday February 7	Thursday February 8	Friday February 9
Breakfast	Pumpkin Bread Pineapple Milk	Oatmeal w/Cinnamon & Apples Milk	Whole Grain Cereal Blueberries Milk	Roasted Sweet Potatoes w/Dried Fruit Milk	Granola & Raisins Milk
Lunch	English Muffin Pita Pizzas w/Spinach & Olives Satsuma Oranges Milk	Mu Shu Vegetables w/Plum Sauce & Tortillas Oranges Milk	Jamaican Black Bean Stew Rice Pears Milk	Grilled Cheese Kale Apple Cole Slaw Strawberries Milk	Vegetable Lasagna Green Salad Grapes Milk
Afternoon Snack	Sunbutter Crackers Grapefruit Water	Pita w/Hummus Baby Carrots Water	Trail Mix w/Dried Fruit and Seeds Water	Pretzels String Cheese Apples Water	Fig Bars Apples Water

*Serving sizes and meal components will be in compliance with USDA guidelines.