



Menu - February 24-28, 2025

**This menu is dedicated to Chef Alexander Smalls with recipes from "Meals, Music, and Muses"*

	Monday February 17	Tuesday February 18	Wednesday February 19	Thursday February 21	Friday February 22
Breakfast	Fruit & Cheese Platter Water	Overnight Oats w/Strawberries Water	Granola w/Dried Fruit & Seeds Milk	Cheddar Grits Water	Sweet Potato Muffins Milk
Lunch	LoMein Noodles w/Stir Fry Veggies Oranges Milk	Hoppin' John Cakes w/ Sweet Pepper Remoulade Collard Greens Pears Milk	Black Beans Roasted Broccoli Melon Milk	Gullah Dirty(ish) Rice Green Salad Mango & Pineapple Milk	Pinto Beans Carolina Cabbage Slaw w/Roasted Corn Plums Milk
Afternoon Snack	Roasted Chickpeas & Raisins Water	Baked Cinnamon Tortilla Chips Water	Hummus Cucumber Spears Water	Apples w/Sunbutter Water	Snack Cheese Crackers Water

*Serving sizes and meal components will be in compliance with USDA guidelines.