



Menu - February 19-23, 2018

	Monday February 19	Tuesday February 20	Wednesday February 21	Thursday February 22	Friday February 23
Breakfast	Bagels w/Cream Cheese Pineapple	Veggie Sausage Oranges Milk	Whole Grain Cereal Bananas Milk	Avocado Toast w/ Goat Cheese Craisins Milk	Fruit & Cheese Platter Milk
Lunch	Black Eyed Peas Collard Greens Cheese Toast Apples Milk	Penne Pasta w/ Marinara & Parmesan Green Salad Melon Milk	Corn Chowder Rolls Berry Salad Milk	Black Beans Rice Steamed Broccoli Mango Salsa Milk	Veggie Hummus Wraps Cucumber Salad Oranges Milk
Afternoon Snack	Sunbutter Crackers Strawberries Water	Corn Chips (or Pita) Guacamole Water	Trail Mix w/Dried Fruit and Seeds Water	Pretzels String Cheese Apples Water	Fig Bars Apples Water

*Serving sizes and meal components will be in compliance with USDA guidelines.