

## Menu -December 6-10, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
	December 6	December 7	December 8	December 9	December 10
Breakfast	Cheese Toast	Cereal	Apples	Bagels w/Cream	Granola
	Milk	Bananas	Sunbutter	Cheese	Dried Fruit
		Milk	Milk	Milk	Milk
Lunch	Pasta w/Lemon	Quesadillas w/	3-Bean Chili	Pinto Beans	Mushroom Barley
	Butter Caper Sauce	Peppers & Cheese	Hawaiian Rolls	Roasted Potatoes	Soup
	Green Beans	Peas & Carrots	Pears	Blueberries	Roasted Broccoli
	Strawberries	Oranges	Milk	Milk	Pineapple
	Milk	Milk			Milk
Afternoon	Graham Crackers	Cucumbers	Tortilla Chips	Trail Mix	Rice Cakes
Snack	Raisins	Ranch Dip	Salsa	Water	Clementines
	Water	Water	Water		Milk

<sup>\*</sup>Serving sizes and meal components will be in compliance with USDA guidelines.