



Menu –December 4-8, 2017

	Monday December 4	Tuesday December 5	Wednesday December 6	Thursday December 7	Friday December 8
Breakfast	Bagels w/Cream Cheese Pineapple Milk	Blueberry Pancakes Milk	Whole Grain Cereal Bananas Milk	Granola w/Raisins Milk	Fruit & Cheese Platter Milk
Lunch	Sweet & Sour Veggie Stir Fry Steamed Rice Oranges Milk	Macaroni & Cheese Green Beans Fruit Salad Milk	Broccoli Soup Rolls Asian Pears Milk	Mediterranean Wraps Tomato & Black Olive Salad Plums Milk	Sweet Potato Salad w/ Black Beans Collard Greens Tangerines Milk
Afternoon Snack	Pretzels String Cheese Apples Water	Rice Cakes w/ Goat Cheese & Strawberry Jam Water	Trail Mix with Dried Fruit & Seeds Water	Pita w/Hummus Baby Carrots Water	Sunbutter Crackers Craisins Water

*Serving sizes and meal components will be in compliance with USDA guidelines.