



Menu –December 11-15, 2018

	Monday December 11	Tuesday December 12	Wednesday December 13	Thursday December 14	Friday December 15
Breakfast	Bagels w/Cream Cheese Pineapple Milk	Oatmeal w/ Raisins & Brown Sugar Milk	Whole Grains Cereal Blueberries Milk	Fruit & Cheese Platter Milk	Granola w/Raisins Milk
Lunch	Veggie Sausage Sliders w/Peppers & Onions Spinach Salad Apples Milk	Black Eyed Peas Cheese Toast Steamed Broccoli Plums Milk	3-Bean Chili Tortilla Chips Pears Milk	Thai Massaman Curry w/Tofu Steamed Rice Satsuma Oranges Milk	Spaghetti Pomodoro Caesar Salad Melon Milk
Afternoon Snack	Graham Crackers w/Sunbutter Bananas Water	Pretzels String Cheese Oranges Water	Trail Mix with Dried Fruit & Seeds Water	Pita w/Hummus Baby Carrots Water	Cereal Bars Apples Water

*Serving sizes and meal components will be in compliance with USDA guidelines.