



Menu – August 7- 11, 2023

	Monday August 7	Tuesday August 8	Wednesday August 9	Thursday August 10	Friday August 11
Breakfast	Cheerios Banana Milk	Mango Berry Smoothie Milk	Cinnamon Oatmeal Pancakes Milk	Creamy Grits Milk	Healthy Strawberry Oatmeal Muffins Milk
Lunch	Vegetable Herb Pasta Salad Vegetarian Baked Beans HoneyCrisp Apples Milk	Hummus Crunch Spinach Wrap Sweet Potato Fries Oranges Milk	Vegan Taco Soup w/ Avocado Corn Tortilla Chips Seedless Grapes Milk	Cherry Tomato & Bell Pepper Quiche Stir Fry Vegetables Mixed Fruit Milk	Basil & Cheese Bagel Pizza Honey Glazed Carrots Clementines Milk
Afternoon Snack	Dried Cranberry Mix Water	Mediterranean Cauliflower Salad Water	Frozen Yogurt Blueberries Bites Water	Applesauce Graham Crackers Water	Granola w/ Dried Fruit Water

*Serving sizes and meal components will be in compliance with USDA guidelines.