



Menu – August 14-18, 2023

| | Monday August 14 | Tuesday August 15 | Wednesday August 16 | Thursday August 17 | Friday August 18 |
|----------------------------|--|--|---|---|---|
| Breakfast | Banana Red Berry Cereal Milk | Strawberry & Blueberry Scones Milk | Vanilla Yogurt Clementines Milk | Quinoa Porridge w/ Cinnamon Apples Milk | English Muffin w/Fruit Jam Milk |
| Lunch | Minestrone Soup Green Salad w/ Ranch Dressing Gala Apples Milk | Sweet Relish Pinto Beans w/Dice Potatoes Buttermilk Cornbread Sunkist Oranges Milk | Teriyaki Fried Rice w/ Scrambled Eggs Cauliflower & Broccoli Mix Watermelon Milk | Black Bean & Red Pepper Sliders Sweet Potato Fries w/Ketchup Sliced Peaches Milk | Zucchini Parmesan Casserole Mince Garlic Balsamic Green Beans Red Plums Milk |
| Afternoon Snack | Dill Pickles Ritz Crackers Water | Creamy Cucumber Radish Salad Water | Mix Fruit Salad Water | String Cheese Wheat Thins Water | Dried Fruit Trail Mix Water |

*Serving sizes and meal components will be in compliance with USDA guidelines.