

## Menu - April 19-23, 2021

	Monday April 19	Tuesday April 20	Wednesday April 21	Thursday April 22	Friday April 23
Breakfast	Cereal Bananas Milk	Blueberry Muffins Milk	Granola Dried Fruit Milk	Bagels w/ Cream Cheese Milk	Apples Cheddar Cheese Milk
Lunch	Avocado Toast Cucumber Salad Grapes Milk	English Muffin Mini Pizzas Spinach Strawberry Salad Milk	3-Bean Chili Cornbread Muffins Apples Milk	Lomein Noodles w/Veggies & Tofu Oranges Milk	Potato Kugel Green Beans Blueberries Milk
Afternoon Snack	Baby Carrots Hummus Water	Sunbutter Crackers Water	Rice Cakes Pineapple Water	Spicy Roasted Chickpeas Raisins Water	Graham Crackers Clementines Water

<sup>\*</sup>Serving sizes and meal components will be in compliance with USDA guidelines.