



Menu - September 27 - October 1, 2021

	Monday September 27	Tuesday September 28	Wednesday September 29	Thursday September 30	Friday October 1
Morning Snack	Cereal Bananas Milk	Cheese Toast Clementines Milk	Lemon Poppyseed Muffins Milk	Yogurt Strawberries Milk	Apples Cheddar Cheese Milk
Lunch	Macaroni Salad Lemon Garlic Broccoli Nectarines Milk	Creamy Pea Soup Pita Bread Corn on the Cob Milk	Veggie Stir Fry w/ Lo Mein Noodles Oranges Milk	Potato Kugel Green Beans Glazed Carrots Milk	Chickpea & Sweet Potato Curry Green Salad Melon Milk
Afternoon Snack	Rice Cakes Craisins Water	Sunbutter Crackers Water	Tortilla Chips Salsa Water	Graham Crackers Bananas Water	Chex Cereal Plums Water

*Serving sizes and meal components will be in compliance with USDA guidelines.