** Menu – November 16-20, 2015**

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|  | **Monday****November 16** | **Tuesday****November 17** | **Wednesday****November 18** | **Thursday****November 19** | **Friday****November 20** |
| **Morning Snack** | Cinnamon YogurtDried FruitWater | Grits ApplesWater | Whole Grain CerealBananas Milk | French ToastOrange SlicesWater | Rice CakesSun ButterPearsWater |
| **Lunch** | Vegetable SoupGrilled CheeseKiwiMilk | Baked SpaghettiGarden SaladCantaloupeMilk | PancakesScrambled TofuMixed VegetablesMilk | Lentil SoupSpoon BreadMixed FruitMilk | Macaroni & CheeseBroccoliWatermelonMilk |
| **Afternoon Snack** | SunbutterGraham CrackersWater | PretzelsCheeseWater | ChipsGuacamole Water | Waffle Strawberry ShortcakeWater | Apple CrispsCheese SticksWater |

\*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.