



Menu – March 23-27 , 2015*

	Monday March 23	Tuesday March 24	Wednesday March 25	Thursday March 26	Friday March 27
Morning Snack	Oatmeal with Crushed Pineapple & Cinnamon Water	Granola with Dried Fruit and Milk Water	Blueberry Pancakes Milk Water	Boiled Eggs Wheat Toast w/ Strawberry Jam Water	Yogurt with Fresh Blueberries & Granola Water
Lunch	Avocado Boats w/ Pico de Gallo & Feta Black Beans Corn Tortillas Milk	Tuscan Tortellini Soup French Bread Apple Slices Milk	Grilled Veggie Burgers Lettuce, Tomato, Pickles Mashed Sweet Potatoes Milk	Sweet & Sour Tofu and Vegetables Steamed Rice Orange Slices Milk	Sunbutter & Jelly Sandwiches Steamed Broccoli Melon Milk
Afternoon Snack	Sunbutter on Whole wheat Crackers Apple Slices Water	Rice Cakes with Strawberry Cream Cheese Water	Pretzel Carrot Sticks Hummus Water	Sesame Sticks String Cheese Grapes Water	Whole grain cereal “trail mix” with dried fruit and roasted pepitas Water

*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.