



Menu – March 11-15,2024

	Monday March 11	Tuesday March 12	Wednesday March 13	Thursday March 14	Friday March 15
Morning Snack	Cottage Cheese Breakfast Bowl Water	Cheerios Clementines Milk	Berry Morning Muffins Milk	Bagels w/ Cream Cheese Water	Vanilla Yogurt. w/Dice Peaches Water
Lunch	Southwestern Black Bean Salad w/Avocado Dressing Tortilla Chips Sunkist Oranges Milk	Mac & Cheese Vegetarian Baked Pinto Beans Pineapples Milk	Red Beans, Herbs, & Dice Potatoes Balsamic Green Beans Fuji Apples Milk	Creamy Vegetable Wild Rice Soup Roasted Brussels Sprouts & Asparagus Blueberries Milk	Couscous Chickpea Salad Mixed Vegetables Seedless Grapes Milk
Afternoon Snack	Rice Crisps Snack Water	Soft Baked Pretzels Water	Garlic Onion Hummus Wheat Thins Water	Cinnamon Pita Chips Water	Dried Fruit Trail Mix Water

*Serving sizes and meal components will be in compliance with USDA guidelines