

Menu – June 8-12, 2015*

	Monday	Tuesday	Wednesday	Thursday	Friday
	June 8, 2015	June 9, 2015	June 10, 2015	June 11, 2015	June 12, 2015
Morning	Whole Grain	Oatmeal with	Ezekiel Toast with	Buttermilk Pancakes	Bagels with Cream
Snack	Cereal with	Dates & Apples	goat cheese	Blueberries	Cheese
	Bananas	Water	Strawberries	Water	Pineapple
	Milk		Water		Water
Lunch	Linguine with	Grilled Cheese	Barbecue tofu	Broccoli Salad	Couscous
	tomatoes & basil	Sandwiches	Cole Slaw	Steamed Rice	Peas & Carrots
	Sauteed	Tomato & Avocado	Texas toast	Grapes &	Ripe Olives
	Asparagus	Salad	Watermelon	Strawberries	Apple Slices
	Melon	Peaches & Bananas		Milk	Milk
	Milk	Milk			
Afternoon	Pretzels	Wheat Crackers	Yogurt	Applesauce	Whole Grain Cereal
Snack	String Cheese	Cheddar Cheese	Roasted	Graham Crackers	"Trail Mix"
	Orange Slices	Apple Slices	Chickpeas	Water	
		Water	Water		

^{*}Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.