



Menu – June 22-26, 2015*

	Monday June 22, 2015	Tuesday June 23, 2015	Wednesday June 24, 2015	Thursday June 25, 2015	Friday June 26, 2015
Morning Snack	Sunbutter Toast Fruit Salad Water	Yogurt with Blueberries & Granola Water	Cereal with bananas & milk Water	Applesauce Graham Crackers Water	Bagels with Cream Cheese Pineapple Water
Lunch	Stir-fry Vegetables with Tofu Steamed Rice Orange Slices Milk	Spaghetti w/Marinara & Parmesan Spinach Salad Melon Milk	Chickpea Salad Couscous Steamed Broccoli Milk	3-bean Chili Corn Muffins Watermelon Milk	Avocado Boats with pico de gallo & feta Black Beans Mango Milk
Afternoon Snack	Pita chips Cheddar Cheese Raisins	Rice Cakes with Strawberry Cream Cheese Water	Cucumber Sandwiches Water	Hummus Olives & Carrot Sticks Pita Water	Applesauce Bread Water

*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.