** Menu – January 4-8, 2016**

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|  | **Monday**  **January 4** | **Tuesday**  **January 5** | **Wednesday**  **January 6** | **Thursday**  **January 7** | **Friday**  **January 8** |
| **Morning Snack** | No School | Pancakes  Blueberries | Hawaiian Roll  Sunbutter  Oranges  Water | Yogurt  Blueberries  Granola  Water | Cereal  Fruit  Milk  Water |
| **Lunch** | No School | Grilled Cheese  Spinach Salad  Pineapple  Milk | Minestrone Soup  Apple Slices  Milk | Cheese, Bean & Rice Quesadilla  Cabbage Salad  Pears  Milk | Ziti  Broccoli Florets  Oranges  Milk |
| **Afternoon Snack** | No School | Cereal  Veggie Sticks  Raisons  Craisons  Water | Cheese  Crackers  Raisons  Water | Bananas  Fig Bars  Water | Rice Cakes  Sunbutter  Water |

\*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.