



## Menu – January 22-26, 2024

	<b>Monday January 22</b>	<b>Tuesday January 23</b>	<b>Wednesday January 24</b>	<b>Thursday January 25</b>	<b>Friday January 26</b>
<b>Morning Snack</b>	Wheat Toast Grape Jam Water	Red Berry Cornflakes Banana Milk	Cottage Cheese Breakfast Bowl Water	Baked Blueberry Pancakes w/Maple Syrup Water	Oats & Honey Granola Milk
<b>Lunch</b>	Spinach & Sun- Dried Tomato Egg Frittata Lemon Pepper Broccoli Cara Cara Oranges Milk	Teriyaki Fried Rice Sautéed Stir Fry Vegetables Strawberries & Pineapples Milk	3-Bean Chili w/ Veggie Crumble & Sour Cream Buttermilk Cornbread Fuji Apples Milk	Cabbage Potato Casserole Honey Cinnamon Baby Carrots Mixed Tropical Fruit Milk	Chickpea Pasta Salad Mince Garlic Green Beans Grapefruit Milk
<b>Afternoon Snack</b>	Sun Butter Crackers Water	Baked Tortilla Chips Salsa Water	Cucumber Tomato Salad Water	Clementines Craisins Water	Wheat Thins Water

\*Serving sizes and meal components will be in compliance with USDA guidelines