



Menu – January 22-26, 2024

	Monday January 22	Tuesday January 23	Wednesday January 24	Thursday January 25	Friday January 26
Morning Snack	Wheat Toast Grape Jam Water	Red Berry Cornflakes Banana Milk	Cottage Cheese Breakfast Bowl Water	Baked Blueberry Pancakes w/Maple Syrup Water	Oats & Honey Granola Milk
Lunch	Spinach & Sun- Dried Tomato Egg Frittata Lemon Pepper Broccoli Cara Cara Oranges Milk	Teriyaki Fried Rice Sautéed Stir Fry Vegetables Strawberries & Pineapples Milk	3-Bean Chili w/ Veggie Crumble & Sour Cream Buttermilk Cornbread Fuji Apples Milk	Cabbage Potato Casserole Honey Cinnamon Baby Carrots Mixed Tropical Fruit Milk	Chickpea Pasta Salad Mince Garlic Green Beans Grapefruit Milk
Afternoon Snack	Sun Butter Crackers Water	Baked Tortilla Chips Salsa Water	Cucumber Tomato Salad Water	Clementines Craisins Water	Wheat Thins Water

*Serving sizes and meal components will be in compliance with USDA guidelines