** Menu – January 18-22, 2016**

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|  | **Monday****January 18** | **Tuesday****January 19** | **Wednesday****January 20** | **Thursday****January 21** | **Friday****January 22** |
| **Morning Snack** | OatmealCranberriesRaisonsWater | Rice CakesApple ButterWater | Cereal BananasMilkWater | YogurtMixed FruitWater | Graham CrackersSunbutterWater |
| **Lunch** | Red BeansRiceKale SaladOrangesMilk | Mac & CheeseBaked BeansGarden SaladMelon Milk | Butternut Squash SoupRollsGrapesMilk | PastaTomato SauceVeggie CrumblePearsMilk | Three bean burritoTomato/Cucumber SaladMangosMilk |
| **Afternoon Snack** | GuacamoleBaby CarrotsWater | CerealDried FruitsWater | CheeseCrackersWater | Sliced ApplesSunbutterWater | ChipsSalsaWater |

\*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.