



Menu – January 28 – February 1, 2019

	Monday January 28	Tuesday January 29	Wednesday January 30	Thursday January 31	Friday February 1
Breakfast	Oatmeal w/ Brown Sugar and Cinnamon Apples Milk	French Toast Breakfast Casserole Berry Salad Milk	Blueberry Muffins Milk	Avocado Toast Grapes Milk	Sweet Potato Hash Milk
Lunch	Stir Fry Veggies w/ Rice Oranges Milk	Slow Cooker Mushroom Soup Rolls Melon Milk	Southwest Pasta Salad Sauteed Carrots Apples Milk	Broccoli Cheddar Potato Casserole Strawberries Milk	Taco Wraps Mexican Street Corn Pears Milk
Afternoon Snack	Hummus Pita Bread Baby Carrots Water	Apples Dippers w/ Yogurt and Sunbutter Dip Water	Fruit and Cheese Platter Water	Cucumber Boats Oranges Water	Trail Mix w/Dried Fruit Water

*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.