** Menu – December 7-11, 2015**

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|  | **Monday****December 7** | **Tuesday****December 8** | **Wednesday****December 9** | **Thursday****December 10** | **Friday****December 11** |
| **Morning Snack** | YogurtBagelStrawberriesWater | Grilled CheeseApplesauceWater | Whole Grain CerealBananasWater | Warm GranolaBlueberriesWater | Fried Baked ApplesFig BarsWater |
| **Lunch** | Bean Chili GrapesBaked Root VegtablesMilk | Beans & RiceCorn & Tomato SaladGuacamole ChipsMilk | Broccoli Rice CasseroleString BeansApple SlicesMilk | Spinach AlfredoMixed PastaSpring SaladMilk | Seared Tofu NuggetsBroccoli & Cabbage SlawFresh Mixed FruitMilk |
| **Afternoon Snack** | Sunbutter CrackersOrangesWater | Rice CakesCheese SticksPearsWater | Carob Oatmeal BarDried FruitWater | ChipsSalsaWater | Whole Grain Cereal & Graham Cracker Trail MixWater |

\*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.