** Menu – December 7-11, 2015**

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|  | **Monday**  **December 7** | **Tuesday**  **December 8** | **Wednesday**  **December 9** | **Thursday**  **December 10** | **Friday**  **December 11** |
| **Morning Snack** | Yogurt  Bagel  Strawberries  Water | Grilled Cheese  Applesauce  Water | Whole Grain Cereal  Bananas  Water | Warm Granola  Blueberries  Water | Fried Baked Apples  Fig Bars  Water |
| **Lunch** | Spinach Alfredo  Mixed Pasta  Spring Salad  Milk | Beans & Rice  Corn & Tomato Salad  Guacamole Chips  Milk | Broccoli Rice Casserole  String Beans  Apple Slices  Milk | Bean Chili  Grapes  Baked Root Vegtables  Milk | Seared Tofu Nuggets  Broccoli & Cabbage Slaw  Fresh Mixed Fruit  Milk |
| **Afternoon Snack** | Sunbutter  Crackers  Oranges  Water | Rice Cakes  Cheese Sticks  Pears  Water | Carob Oatmeal Bar  Dried Fruit  Water | Chips  Salsa  Water | Whole Grain Cereal &  Graham Cracker Trail Mix  Water |

\*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.