



## Menu – December 11-15, 2023

	<b>Monday December 11</b>	<b>Tuesday December 12</b>	<b>Wednesday December 13</b>	<b>Thursday December 14</b>	<b>Friday December 15</b>
<b>Morning Snack</b>	Cheddar Cheese Toast Water	Maple Pumpkin Seed Granola Milk	Breakfast Quinoa w/Pineapple & Oat Milk	Gingerbread Muffins Water	Cheerios Clementine Milk
<b>Lunch</b>	Basil Pasta Pomodoro Mixed Vegetables Blueberries Milk	Mexican Rice Balsamic Green Beans Red Plums Milk	Sweet Potato & Red Beans Purple & Green Cabbage Apple Pears Milk	Southwestern Bowl w/Avocado Dressing Baked Tortilla Chips Cara Cara Oranges Milk	Broccoli Cranberry Salad Baby Carrots Dice Peaches Milk
<b>Afternoon Snack</b>	Organic Applesauce Graham Cracker Water	Clementines Craisins w/ Sunflower Seeds Water	Dill Pickles Wheat Thins Water	Chex Trail Mix Water	Apple Cinnamon Rice Cakes Water

\*Serving sizes and meal components will be in compliance with USDA guidelines