



Menu – August 10-14, 2015*

	Monday August 10, 2015	Tuesday August 11, 2015	Wednesday August 12, 2015	Thursday August 13, 2015	Friday August 14, 2015
Morning Snack	Toasted Pita w/Jelly Orange Slices Water	Apple Slices w/Sunbutter Graham Crackers Water	Wheat Toast w/Goat Cheese Oranges Water	Whole Grain Cereal with Bananas & Milk Water	Bagels with Cream Cheese Blueberries Water
Lunch	Penne Pasta w/ Portobello Marinara Spinach Salad Melon Milk	Black Beans Steamed Rice Broccoli Mango Slices Milk	Veggie Wraps w/Chickpeas Cole Slaw with Carrots & Raisins Watermelon Milk	Mexican Lasagna Avocado & Tomato Salad Orange Slices Milk	Sunbutter & Jelly Sandwiches Steamed Carrots Fruit Salad
Afternoon Snack	Rice Crackers String Cheese Apple Slices Water	Dried Sugar Snap Peas Strawberries Water	Rice Cakes with Strawberry Cream Cheese Water	Hummus w/ Carrot Sticks & Black Olives	Whole Grain Cereal “Trail Mix” Water

*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.