



## Menu – April 27 – May 1, 2015\*

	<b>Monday April 27</b>	<b>Tuesday April 28</b>	<b>Wednesday April 29</b>	<b>Thursday April 30</b>	<b>Friday May 1</b>
<b>Morning Snack</b>	Ezekiel Toast with Goat Cheese Bananas Water	Applesauce with Graham Crackers Water	Oatmeal with Cinnamon & Dates Water	Granola with Dried Fruit & Milk Water	Banana Overnight Oats Water
<b>Lunch</b>	Spaghetti with Marinara Green Peas & Carrots Fruit Salad Milk	Sunbutter & Jelly Sandwiches Steamed Carrots Watermelon Milk	Risotto w/Parmesan Green Salad Melon Milk	Grilled Vegetable Quesadillas Black Beans Avocado Slices Milk	Vegetable Pancakes Cesar Salad Pears Milk
<b>Afternoon Snack</b>	Roasted Chickpeas Yogurt Water	Wheat Crackers Cheddar Cheese Apple Slices Water	Bagels with Cream Cheese Pineapple Water	Apple Oat Bars Raisins Water	Pita Celery Sticks with Guacamole Water

\*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.