

Menu – April 20-24, 2015*

	Monday April 20	Tuesday April 21	Wednesday April 22	Thursday April 23	Friday April 24
Morning	Toasted Bagels with	Applesauce with	Ezekiel Toast with	Oatmeal with Apples	Granola with Dried
Snack	Cream Cheese	Graham Crackers	Goat Cheese	& Honey	Fruit & Milk
	Pineapple	Water	Pears	Water	Water
	Water		Water		
Lunch	Mushroom & Barley	Southwestern	Black-eyed Peas	Lasagna	Grilled Cheese
	Soup	Chopped Salad	Steamed Rice	Green Salad	Sandwiches
	Strawberry Spinach	Black Beans	Sautéed Green	Cantaloupe	Cucumber Salad
	Salad	Toasted Pita	Beans	Milk	Watermelon
	French Bread	Orange Slices	Apple Slices		Milk
	Milk	Milk	Milk		
Afternoon	Pretzel Sticks	Sunbutter on	Homemade	Hummus w/Pita	Yogurt Parfait with
Snack	String Cheese	Whole wheat	Granola Bars	Celery & Carrot Sticks	berries and oats
	Clementines	Crackers	With Raisins	Water	Water
	Water	Apple Slices	Water		
		Water			

^{*}Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.