



Menu – April 13-16, 2015*

	Monday April 13	Tuesday April 14	Wednesday April 15	Thursday April 16	Friday April 17
Morning Snack	Pumpkin Bread Apple Slices Water	Toast with Apple Butter Cheese Slices Water	Oatmeal with Honey & Cinnamon Grapes Water	Yogurt with Granola and Blueberries Water	Whole Grain Cereal with Bananas Milk Water
Lunch	Pasta Salad Grilled Asparagus Fruit Milk	Grilled Teriyaki Tofu Steamed Rice Sugar Snap Peas Orange Slices Milk	Hummus Veggie Wraps Steamed Peas & Carrots Watermelon Milk	3-Bean Chili Corn Muffins Cucumber Salad Apple Slices Milk	Veggie Burgers Arugula Salad with Asian Pears Fruit Milk
Afternoon Snack	Sunbutter Crackers Strawberries Water	Pretzels Dried Fruit Water	Whole Grain Cereal “Trail Mix” with dried fruit & sunflower seeds Water	Apple Oat Bars Pears Water	Rice Cakes Apple Slices Cheddar Cheese Water

*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.