



## Menu – September 25-29, 2023

	<b>Monday September 25</b>	<b>Tuesday September 26</b>	<b>Wednesday September 27</b>	<b>Thursday September 28</b>	<b>Friday September 29</b>
<b>Morning Snack</b>	Plain Bagel w/ Strawberry Fruit Spread Milk	Vanilla Yogurt Pineapple Water	Spinach Egg Frittata Muffins Water	Brown Sugar Rice Pudding w/Oat Milk	Red Berry Cornflakes Clementine Milk
<b>Lunch</b>	Cheddar Broccoli Mushroom Salad Lemon Ginger Baby Carrots Red Plums Milk	Vegetarian 3-Bean Chili Baked Tortilla Strips Diced Peaches Milk	Corn, Avocado, & Quinoa w/ Marinated Tomatoes Louisiana Zucchini Cauliflower Watermelon Milk	Stir Fry Vegetables LoMein w/ Soy Sauce Fettuccini Noodles Strawberries & Blueberries Milk	Sweet Relish Pinto Beans w/Dice Potatoes Mixed Greens Cornbread Milk
<b>Afternoon Snack</b>	Dill Pickles Ritz Crackers Water	Baked Cinnamon Pita Chips Water	Sliced Cucumbers w/Avocado Ranch Dip Water	Organic Applesauce Rice Cakes Water	Dried Fruit Chex Mix Water

\*Serving sizes and meal components will be in compliance with USDA guidelines