



## Menu – October 23-27, 2023

	<b>Monday October 23</b>	<b>Tuesday October 24</b>	<b>Wednesday October 25</b>	<b>Thursday October 26</b>	<b>Friday October 27</b>
<b>Morning Snack</b>	Provolone Cheese Toast Water	Deconstructed Honey Sunbutter Banana Graham Sandwich Water	Brown Sugar Grits Water	Breakfast Quinoa w/ Pineapples Oat Milk	Maple Cranberry Granola Milk
<b>Lunch</b>	Honey Corn on the Cob Dijon Roasted Cauliflower, Mushrooms, & Broccoli Peaches Milk	California Spaghetti Salad Cut Green Beans Blueberries Milk	Southwestern Salad Bowl w/Avocado Dressing Baked Corn Tortilla Naval Oranges Milk	Teriyaki Fried Rice w/ Scrambled Eggs Stir Fry Vegetables Watermelon Milk	Minestrone Soup Strawberry Spinach & Sunflower Salad Milk
<b>Afternoon Snack</b>	Clementines Craisins Water	Garlic Hummus Wheat Thins Water	Cheese Crackers Water	Cinnamon Pita Chips Water	Apple Snack Cake Water

\*Serving sizes and meal components will be in compliance with USDA guidelines