



## Menu – November 13-17, 2023

	<b>Monday November 13</b>	<b>Tuesday November 14</b>	<b>Wednesday November 15</b>	<b>Thursday November 16</b>	<b>Friday November 17</b>
<b>Morning Snack</b>	Red Berry Cereal Banana Milk	English Muffins w/ Grape Jam Water	Cranberry Waldorf Salad Water	Carrot Zucchini Muffins Milk	Dried Fruit & Pumpkin Seed Applesauce Water
<b>Lunch</b>	Green Bean Casserole Nutmeg & Cinnamon Baby Carrots Fuji Apples Milk	Chickpea Curry w/ Jasmine Rice Lima Beans Blueberries Milk	Mushroom & Lentil Shepherd's Pie Sweet Potato Soufflé Sunkist Oranges Milk	Sweet Relish Pinto Beans Kimchi Purple & Green Cabbage Roasted Red Rosemary Potatoes w/Ketchup Milk	Macaroni & Cheese Collard Greens Sage Cornbread Muffins Milk
<b>Afternoon Snack</b>	Wheat Thins Clementines Water	Apple Cinnamon Rice Cakes Water	Baked Crackers Water	Guacamole Tortilla Chips Water	Pineapple Snack Cake Water

\*Serving sizes and meal components will be in compliance with USDA guidelines