



Menu – November 06-10, 2023

	Monday November 06	Tuesday November 07	Wednesday November 08	Thursday November 09	Friday November 10
Morning Snack	Cheerios Banana Milk	Creamy Butter Grits W/Oatmilk	Strawberry Lemon Muffins Water	Cinnamon Brown Sugar Breakfast Biscuits Water	Blueberry Yogurt Mix Water
Lunch	Bell Pepper Pineapple Rice Pilaf Peas & Carrots Mixed Fruit Milk	Sun-Dried Tomato & Basil Pinwheels Honey Garlic Carrots Honeycrisp Apples Milk	Butternut Squash & Tomato Soup Provolone Grilled Cheese Sandwich Sunkist Oranges Milk	Sweet Relish Red Beans w/Dice Potatoes Mixed Greens Sweet Corn Muffins Milk	Mexican Mushroom Quinoa Casserole Organic Normandy Vegetables Seedless Grapes Milk
Afternoon Snack	Dill Pickles Wheat Thins Water	Dried Fruit Mix Water	Caramel Rice Cakes Water	Corn Tortilla Chips Salsa Water	Chex Cereal Trail Mix Water

*Serving sizes and meal components will be in compliance with USDA guidelines