



Menu – July 10-14, 2023

	Monday July 10	Tuesday July 11	Wednesday July 12	Thursday July 13	Friday July 14
Breakfast	Cheerios Banana Milk	Butter Grits Milk	Plain Bagel w/Fruit Spread Milk	Cinnamon Oatmeal Milk	Yogurt Tubes Blueberries Milk
Lunch	Creamy Alfredo Pasta w/Spinach Mixed Vegetables Oranges Milk	Chunky Red Pepper Tomato Soup Grill Cheese Sandwich Pink Lady Apples Milk	Bell Pepper & Mushroom Rice Pilaf Sautéed Stir Fry Vegetables Pink Lady Apples Milk	Sweet Relish Pinto Beans w/Dice Potatoes Mince Garlic Green Beans Mixed Fruit Milk	Quinoa Corn & Marinated Tomatoes Black Beans Strawberries & Pineapples Milk
Afternoon Snack	Wheat Thins Craisins Water	Caramel Rice Cakes Water	Pretzel Trail Mix Water	Ritz Crackers String Cheese Water	Graham Crackers Fruit Snack Water

*Serving sizes and meal components will be in compliance with USDA guidelines.