



Menu – August 21-25, 2023

	Monday August 21	Tuesday August 22	Wednesday August 23	Thursday August 24	Friday August 25
Breakfast	Mixed Berry Smoothie Milk	Cinnamon Sugar Oatmeal Milk	Pumpkin Pancakes Milk	Berry Yogurt Parfait Milk	Bagels w/Cream Cheese Milk
Lunch	Lemon Garlic Butter Caper Spaghetti Dijon Parmesan Roasted Vegetables Red Plums Milk	Summer Corn, Avocado & Tomato Salsa Wrap Black Beans w/ Roasted Red Peppers Blueberries Milk	Macaroni & Cheese Collard Greens Sliced Peaches Milk	Cabbage w/Baby Carrots Black Eye Peas Pineapple Tidbits Milk	Sweet Potato & Chickpea Curry w/Rice English Peas Oranges Milk
Afternoon Snack	Chex Trail Mix Water	Sun Butter Graham Crackers Water	Garlic Herb Hummus Wheat Thins Water	Caramel Apple Cake Water	Homemade Granola w/ Dried Fruit Water

*Serving sizes and meal components will be in compliance with USDA guidelines.