

## Menu – August 14-18, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
	August 14	August 15	August 16	August 17	August 18
Breakfast	Banana	Strawberry &	Vanilla Yogurt	Quinoa Porridge w/	English Muffin w/Fruit
	Red Berry Cereal	Blueberry Scones	Clementines	Cinnamon Apples	Jam
	Milk	Milk	Milk	Milk	Milk
Lunch	Minestrone Soup Green Salad w/ Ranch Dressing Gala Apples Milk	Sweet Relish Pinto Beans w/Dice Potatoes Buttermilk Cornbread Sunkist Oranges Milk	Teriyaki Fried Rice w/ Scrambled Eggs Cauliflower & Broccoli Mix Watermelon Milk	Black Bean & Red Pepper Sliders Sweet Potato Fries w/Ketchup Sliced Peaches Milk	Zucchini Parmesan Casserole Mince Garlic Balsamic Green Beans Red Plums Milk
Afternoon Snack	Dill Pickles Ritz Crackers Water	Creamy Cucumber Radish Salad Water	Mix Fruit Salad Water	String Cheese Wheat Thins Water	Dried Fruit Trail Mix Water

\*Serving sizes and meal components will be in compliance with USDA guidelines.