

Menu - March 20-24, 2017

	Monday March 20	Tuesday March 21	Wednesday March 22	Thursday March 23	Friday March 24
Breakfast	Banana Pancakes w/Honeyed Chevre Milk	Frittata Muffins Oranges Milk	Whole Grain Cereal Raisins Milk	Fruit & Cheese Platter Milk	Cheesy Grits Blueberries Milk
Lunch	Egg Noodles with Peas & Parmesan Spinach Salad Apple Slices Milk	Black Eyed Pea Salad Rice Steamed Broccoli Milk	Corn Griddle Cakes Moroccan Carrots Sauteed Cabbage Milk	Roasted Butternut Squash & Rice Arugula & Apple Salad Strawberries Milk	Black Beans Tri Colored Couscous Tomato Cucumber Salad Milk
Afternoon Snack	Pretzels Hummus Celery Sticks Water	Graham Crackers w/Sunbutter Apples Water	Wheat Crackers Dates Farmers Cheese Water	Fig Bars Raisins Water	Granola, Raisin, Dried Banana Trail Mix Water

 $[\]ensuremath{^{*}\text{Serving}}$ sizes and meal components will be in compliance with USDA guidelines.